

Self-Reliance

Child and Migrant Services (464-5226)
Hospitality Center's Basic Needs Services- Provides and coordinates community services for migrant and settled farm workers and their families.

Community Food Bank (640-0336) Provides a nutritious, three-day meal supply to Mesa County residents needing food in an emergency.

Doors to Success (245-0388) *Supportive Services-* Provides case management, classes and financial aid for individuals to maintain housing while increasing individual self-sufficiency.

Grand Valley Catholic Outreach (241-3658)
Housing Assistance- Financial assistance for rent and utilities, maintains emergency and transitional housing and resources. *Day Center Assistance-* Daily emergency services to homeless persons including showers, laundry, phone and mail, job assistance, advocacy, medical and mental health services. *Soup Kitchen-* Provides a complete noon-day meal six days a week to individuals and families who are hungry in the Grand Valley.

HomewardBound of the Grand Valley (256-9424)
Emergency Homeless Shelter- Addresses homeless issues including emergency shelter for men, women and children, and transitional housing for families and veterans.

Karis, Inc. (241-1445) *The House-* A shelter for homeless teens focused on addressing unmet needs and gaining employment skills. *Transitional Housing-* available for youth under the age of 24, case managers help youth work towards self-sufficiency.

Kids Aid (712-2847) Provides District 51 students with nutritional food for the weekend.

The Literacy Center-MCPLD (245-5522) *The Literacy Center-*Free literacy instruction for adults in areas of reading, writing, math, and English as a second language.

Mesa County RSVP (243-9839) *SHIP-* Provides assistance and education for Medicare. *RSVP-* Recruits senior volunteers for placement in local human service agencies.

Pro Bono Project of Mesa County (243-7940 x108)
A legal referral agency placing low-income persons with attorneys representing them at no cost, the top priority being issues with domestic violence.

Education/Family Stability

Colorado Discover Ability (257-1222) Adaptive, outdoor recreation for people with disabilities, increasing independence and reducing self-imposed limitations.

Court Appointed Special Advocates (CASA) (242-4191) Recruits, screens and trains volunteers to serve as the 'eyes and ears' of judges on behalf of child victims living in foster care.

Girl Scouts of Colorado, Mesa County (242-4461)
Girls are Great- ten-week, transitional program for fifth grade girls, in collaboration with District 51. Helping girls learn how to handle changes in their lives. *Troop Pathways-* Youth development program conducted by adult volunteers who help girls gain life skills.

Grand Junction Imagination Library (208-9128)
Provides a brand new, age-appropriate book at no cost to participating children each month until their fifth birthday.

Hilltop Community Resources (243-4400)
ADRC- provides options counseling for seniors or adults with disabilities to help provide guidance and insight on what programs and long term support services would best fit that individual's needs. *Family Resource Center-* Designed as a one-stop-shop, Hilltop's Family Resource Center provides comprehensive services including prenatal care access, family support, parenting education,

home visitation/school readiness, health care enrollment assistance, and domestic violence services. By housing all these services and programs in one convenient location, staff are better able to streamline process and better address all of a client's needs. *Latimer House*- Safe house with shelter, advocacy and counseling for women and children escaping domestic violence. *Senior Daybreak*- A day program providing respite for caregivers of elderly parents or a spouse. The loved one is safe while enjoying socialization and proper nutrition.

Mesa County Partners (245-5555) *One-to-One Mentoring*-Senior Partners are matched with high risk youth ages 6-17 as positive role models/mentors for a minimum of one year. *Restitution/Community Service Work Program*- Juvenile offenders are supervised in performing community service work and earn stipends to pay restitution to their victims. *Western Colorado Conservation Corps*- Youth ages 6-22 work on environmental improvement projects and receive job and life skills training.

STRIVE (243-3702) *Family Support Services*- Early intervention services to young children identified by a medical professional as developmentally delayed or at risk for a developmental disability. Also offers a pool of respite care providers specially trained in caring for medically fragile and emotionally disturbed children.

Riverside Educational Center (245-9512) A community-oriented program supporting academic success by providing a safe place to go for homework help, structured tutoring and enrichment activities, and by facilitating communication between home, school and student.

St. Mary's Senior Programs- *Gray Gourmet* (243-9844)- serves a hot, nutritious and affordable lunch to Mesa County seniors age 60+ weekdays and offers home delivered meals to homebound seniors. *Foster Grandparent Program* (263-9091)- Recruits and trains low-income senior volunteers to become special partners with children who are at-risk for developmental delays or who are already identified with a special learning need. *St. Mary's Senior Companion Program* (263-9092)- Matches low-income senior volunteers with homebound,

elderly individuals to provide companionship, assistance, and transportation.

Western Slope Center for Children (245-3788) *Comprehensive Care*- Collaborative services to child sexual abuse victims and their families in a supportive environment that reduces trauma and promotes dignity, justice and healing. *Advocacy*- trains adults working with children on how to identify, report and prevent sexual assault and abuse in children.

Health

Counseling and Education Center (243-9539) *Low-Income Counseling*- Provides professional, affordable counseling services to all ages.

HopeWest- (241-2212) *Kids*- Provides individual and group grief counseling to children, teens, and families coping with a loved one's life-threatening illness and/or death. *Palliative Care*- Provides nurse case management services to patients diagnosed with a serious illness but who do not qualify for hospice or home health care.

MarillacHealth (255-1782) *Health Access*- Provides quality, compassionate dental care for low-income residents of Mesa County. Provides evaluations and glasses for low-income individuals. With an emphasis on disease prevention and education, the medical clinic provides compassionate, quality medical and mental health care to the low-income and uninsured.

Second Wind Fund (720-962-0706) Provides financial assistance for youth at risk of suicide to attend counseling sessions. A referral needs to come from a teacher, school counselor before services can start.

WestCAP (243-2437) *Harm Reduction*- Offers a series of health promotion and disease prevention programs targeting high-risk youth and young adults.